

| MONDAY | | | TUESDAY | | | WEDNESDAY | | | THURSDAY | | | FRIDAY | | |
|--|------------|-------------|---|------------|------------|---|------------|------------|--|------------|-------------|---|------------|------------|
| 1 Baked Ham with Raisin Sauce Orange Sweet Potatoes Brussel Sprouts Dinner Roll, Butter Milk, Lemon Bar | | | 2 Chicken and Dumpling Broccoli Parsleyed Carrots Bread, Milk Fruit Cocktail | | | 3 Hearty Vegetable Beef Soup Cinnamon Apples Oregon Medley Milk, Orange Juice Egg Salad and Crackers | | | 4 Spaghetti with Meat Sauce Garlic Bread Italian Vegetables Milk Tropical Fruit Salad | | | 5 BBQ Meatballs Scalloped Corn Scandinavian Vegetables Bread, Milk Orange | | |
| Cal: 837 | Carb: 124g | Fat: 23g | Cal: 551 | Carb: 79g | Fat: 12g | Cal: 663 | Carb: 84g | Fat: 20g | Cal: 748 | Carb: 108g | Fat: 18g | Cal: 540 | Carb: 73g | Fat: 13g |
| Pro: 37g | Fiber: 11g | Sod: 1216mg | Pro: 39g | Fiber: 13g | Sod: 677mg | Pro: 36g | Fiber: 12g | Sod: 685mg | Pro: 46g | Fiber: 14g | Sod: 500mg | Pro: 37g | Fiber: 12g | Sod: 666mg |
| 8 Cheeseburger with Grilled Onions Mixed Vegetables Calico Beans Bun, Milk, Orange Juice Ketchup, Mustard Macaroni Salad | | | 9 Baked Cod with Lemon & Tartar Sauce Macaroni and Cheese Zucchini and Tomatoes Bread, Milk Mandarin Oranges, Peaches, and Pineapple | | | 10 Oven Fried Chicken Mashed Potatoes and Gravy Buttered Peas Bread, Milk Tropical Fruit Salad | | | 11 Chicken Marsala over Brown Rice Cauliflower Parsleyed Carrots Bread, Milk Fruit Cocktail | | | 12 Burgundy Beef over Noodles Curried Peaches California Vegetables Bread, Milk Three Bean Salad | | |
| Cal: 678 | Carb: 78g | Fat: 22g | Cal: 601 | Carb: 78g | Fat: 12g | Cal: 665 | Carb: 86g | Fat: 16g | Cal: 595 | Carb: 91g | Fat: 10g | Cal: 765 | Carb: 83g | Fat: 22g |
| Pro: 45g | Fiber: 10g | Sod: 893mg | Pro: 51g | Fiber: 10g | Sod: 703mg | Pro: 49g | Fiber: 11g | Sod: 720mg | Pro: 40g | Fiber: 14g | Sod: 578mg | Pro: 62g | Fiber: 13g | Sod: 704mg |
| 15 Shepherd's Pie Cinnamon Apples Cabbage and Carrots Bread, Milk Orange | | | 16 Chicken and Sausage Jambalaya Dirty Rice Corn With Peppers and Onions Bread, Milk, Orange Juice Banana | | | 17 Pork Loin with Cumin Sauce Spanish Rice Mixed Vegetables Bread, Milk Tropical Fruit Salad | | | 18 Potato Corn Chowder with Ham Corn Bread, Butter Broccoli Bread, Milk Egg Salad, Applesauce | | | 19 Chicken a la King over Brown Rice California Vegetables Hot Fruit Compote Bread, Milk Pears | | |
| Cal: 597 | Carb: 85g | Fat: 14g | Cal: 688 | Carb: 111g | Fat: 15g | Cal: 662 | Carb: 81g | Fat: 17g | Cal: 623 | Carb: 87g | Fat: 18g | Cal: 669 | Carb: 112g | Fat: 11g |
| Pro: 36g | Fiber: 15g | Sod: 568mg | Pro: 37g | Fiber: 13g | Sod: 752mg | Pro: 51g | Fiber: 11g | Sod: 447mg | Pro: 35g | Fiber: 12g | Sod: 795mg | Pro: 39g | Fiber: 16g | Sod: 545mg |
| 22 Hamburger Stroganoff over Mashed Potatoes Cinnamon Peaches Broccoli Bread, Milk Carrot Pineapple Orange Salad | | | 23 Chicken Parmesan Penne Pasta with Marinara Italian Vegetables Bread, Milk Mandarin Oranges and Pineapple | | | 24 Sweet and Sour Pork over Brown Rice Sugar Snap Stir Fry Glazed Pineapple Bread, Milk Asian Slaw | | | 25 Tortellini Soup Garlic Bread Italian Vegetables Bread, Milk Tossed Salad with Italian Dressing Frozen Strawberry Yogurt | | | 26 Glazed Meatloaf with Ketchup Baked Potato with Butter, Sour Cream Buttered Peas Bread, Milk Peaches | | |
| Cal: 709 | Carb: 84g | Fat: 22g | Cal: 757 | Carb: 93g | Fat: 15g | Cal: 612 | Carb: 88g | Fat: 15g | Cal: 648 | Carb: 88g | Fat: 17g | Cal: 825 | Carb: 107g | Fat: 25g |
| Pro: 57g | Fiber: 12g | Sod: 714mg | Pro: 67g | Fiber: 15g | Sod: 645mg | Pro: 36g | Fiber: 13g | Sod: 616mg | Pro: 39g | Fiber: 13g | Sod: 1302mg | Pro: 50g | Fiber: 15g | Sod: 805mg |
| 29 Baked Cod With Pesto Confetti Couscous Peas with Pearl Onions Bread Milk Tropical Fruit | | | 30 Pork Paprika over Noodles Broccoli Parsleyed Carrots Bread, Milk Applesauce | | | <h1>APRIL 2024</h1> | | | The following major food allergens are used as ingredients: Milk, Egg, Fish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more information about these ingredients. | | | Menu offerings are subject to change based on product availability. (970) 667-0311 | | |
| Cal: 735 | Carb: 93g | Fat: 20g | Cal: 534 | Carb: 66g | Fat: 15g | | | | | | | | | |
| Pro: 50g | Fiber: 13g | Sod: 546mg | Pro: 42g | Fiber: 14g | Sod: 410mg | | | | | | | | | |