

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAY 2024	The following major food allergens are used as ingredients: Milk, Egg, Fish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more information about these ingredients. (970) 667-0311	1 Sloppy Joe Mixed Vegetables Cinnamon Apples Bun, Milk Orange	2 Hawaiian Meatballs Coconut Rice Oriental Cabbage Bread, Milk Apricots	3 Roast Pork Loin with Apple Chutney Sweet Potatoes California Vegetables Bread, Milk Fruit Cocktail
		Cal: 637 Carb: 85g Fat: 16g Pro: 44g Fiber: 15g Sod: 467mg	Cal: 712 Carb: 95g Fat: 21g Pro: 43g Fiber: 12g Sod: 530mg	Cal: 605 Carb: 86g Fat: 14g Pro: 42g Fiber: 13g Sod: 468mg
6 Beef Curry over Brown Rice Parsleyed Carrots Succotash with Edamame Bread, Milk Mandarin Oranges and Pineapple	7 Chicken Pot Pie Berry Crisp Broccoli Bread, Milk Fruited Ambrosia	8 Taco Salad with Lettuce, Tomato, and Cheese Corn Salad Cucumbers in Sour Cream Tortilla Chips, Salsa, Ranch Dressing Milk, Tropical Fruit with Grapes	9 Teriyaki Chicken Lo Mein Noodles Sugar Snap Stir Fry Bread, Milk Pineapple	10 HAPPY MOTHER'S DAY Spinach Lasagna Garlic Bread Santa Barbara Vegetables Milk Tossed Salad, Italian Dressing Banana
Cal: 821 Carb: 106g Fat: 23g Pro: 53g Fiber: 16g Sod: 562mg	Cal: 710 Carb: 110g Fat: 17g Pro: 40g Fiber: 14g Sod: 781mg	Cal: 682 Carb: 92g Fat: 19g Pro: 39g Fiber: 13g Sod: 578mg	Cal: 621 Carb: 76g Fat: 15g Pro: 48g Fiber: 11g Sod: 579mg	Cal: 566 Carb: 79g Fat: 17g Pro: 31g Fiber: 13g Sod: 824mg
13 Bratwurst with Peppers and Onions Au Gratin Potatoes Broccoli Bread, Milk Apricots	14 White Chicken Chili Corn with Peppers and Onions Fiesta Squash Tortilla Chips, Sour Cream Milk, Orange Juice Apple Slices	15 Meatloaf Mashed Potatoes with Gravy Oregon Medley Bread, Milk Tropical Fruit Salad	16 Country Captain Chicken over Polenta Parsleyed Carrots Green Beans with Red Peppers Bread, Milk Mandarin Oranges, Peaches, and Pineapple	17 Cheeseburger Pie Cinnamon Apples Mixed Vegetables Bread, Milk Mandarin Oranges
Cal: 644 Carb: 71g Fat: 28g Pro: 33g Fiber: 13g Sod: 989mg	Cal: 652 Carb: 97g Fat: 16g Pro: 32g Fiber: 12g Sod: 675mg	Cal: 635 Carb: 83g Fat: 16g Pro: 44g Fiber: 11g Sod: 903mg	Cal: 659 Carb: 84g Fat: 10g Pro: 41g Fiber: 12g Sod: 640mg	Cal: 641 Carb: 90g Fat: 17g Pro: 37g Fiber: 14g Sod: 602mg
20 Beef Stroganoff over Noodles Braised Cabbage Green Beans, Carrots, and Corn Bread, Milk Pears	21 Sweet and Sour Pork over Brown Rice Parsleyed Carrots Glazed Pineapple Bread, Milk Asian Slaw	22 Chicken Club Salad on Lettuce Orange Beet Salad Macaroni Salad Bread, Milk Cantaloupe and Grapes	23 Krautburger Bake Buttered Peas German Potato Salad Bread, Milk Fruit Cocktail	24 Baked Cod with Lemon Pepper Sauce Quinoa Pilaf California Vegetables Bread, Milk Peaches
Cal: 722 Carb: 85g Fat: 20g Pro: 56g Fiber: 12g Sod: 537mg	Cal: 617 Carb: 88g Fat: 17g Pro: 35g Fiber: 12g Sod: 614mg	Cal: 658 Carb: 73g Fat: 20g Pro: 51g Fiber: 11g Sod: 908mg	Cal: 680 Carb: 98g Fat: 16g Pro: 41g Fiber: 15g Sod: 849mg	Cal: 600 Carb: 81g Fat: 11g Pro: 49g Fiber: 12g Sod: 646mg
27 MEMORIAL DAY CLOSED	28 Parmesan Chicken Penne Pasta with Marinara Sauce Parsleyed Carrots Bread, Milk Ambrosia	29 Balsamic Apricot Chicken over Rice Hot Fruit Compote Green Beans with Red Peppers Bread, Milk Tropical Fruit Salad	30 Salisbury Steak Mashed Potatoes with Gravy Broccoli Bread, Milk Cottage Cheese with Pineapple	31 Hamburger Goulash Buttered Peas Glazed Beets Milk, Bread Banana
	Cal: 696 Carb: 91g Fat: 13g Pro: 60g Fiber: 14g Sod: 492mg	Cal: 636 Carb: 107g Fat: 8g Pro: 43g Fiber: 13g Sod: 539mg	Cal: 577 Carb: 68g Fat: 16g Pro: 47g Fiber: 10g Sod: 957mg	Cal: 701 Carb: 94g Fat: 17g Pro: 46g Fiber: 14g Sod: 631mg